



Curtido (Spicy Cabbage Slaw for Pupusas, etc!)

Makes about 4 cups

1/2 head cabbage, shredded

1 large carrot, grated

1/2 onion, thinly sliced

1/2 cup apple cider vinegar

1/4 cup water

1/2 teaspoon salt

1/2 teaspoon brown sugar

1 teaspoon dried oregano (preferably Mexican)

1/2 to 1 teaspoon red pepper flakes

Combine the cabbage, carrot, and onion in a large bowl. Combine the remaining ingredients in a separate bowl and then pour over the cabbage mixture and stir.