



Raw Beet, Carrot, and Apple Salad with Ginger Lime Dressing

Ingredients

- 3-4 tablespoons lime juice, freshly squeezed (can also use lemon)
- 1 tablespoon honey (or coconut nectar for a vegan option)
- 1 tablespoon fresh ginger root, finely grated
- 1-3 tablespoons extra virgin olive oil
- 1 $\frac{3}{4}$ cups beet roots, grated
- 1 $\frac{3}{4}$ cups carrots, peeled and grated
- 1 $\frac{3}{4}$ cups apple, peeled and grated

Directions

Make the dressing by combining the lime juice, honey, and ginger in a small bowl. Using a whisk, add the olive oil and mix until well-combined. Set aside.

In a large bowl, combine the remaining ingredients. Add in the dressing and mix well. Serve immediately or store in the refrigerator.

Recipe serves 8.

Adapted from <http://www.allergyfreealaska.com>