## Supplemental Nutrition Assistance Program (SNAP) at Crossroads Farmers Market







## Households CAN use SNAP benefits to buy eligible farmers market food items, such as:

Breads and other baked goods; fruits and vegetables; meats, eggs and poultry; dairy products; seeds and plants which produce food for the household to eat; any food products or ingredients used to prepare meals at home; cold prepared sandwiches, salads, taquitos, tostadas and other "deli" items; beverages, snack foods, ice cream, snow cones, smoothies

## Households **CANNOT** use SNAP benefits to buy:

Any nonfood items, such as: soaps, paper products, household supplies; food that will be eaten at the market; foods that are hot when sold

For more info, visit http://www.fns.usda.gov/snap/eligible-food-items